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Chapter: Blue Cross and Blue Shield Service Benefit Plan

## **Not Covered (Inpatient or Outpatient)**

2024 Blue Cross and Blue Shield Service Benefit Plan - Standard and Basic Option Section 5. Benefits Section 5(e). Mental Health and Substance Use Disorder Benefits Not Covered (Inpatient or Outpatient)

Note: For Standard Option, we state whether or not the calendar year deductible applies for each benefit listed in this Section. There is no calendar year deductible under Basic Option.

## **Benefit Description**

**Not Covered (Inpatient or Outpatient)** 

- Educational or other counseling or training services
- Services performed by a noncovered provider
- Testing for and treatment of learning disabilities and intellectual disability
- Inpatient services performed or billed by residential treatment centers, except as described in Sections 5(a) and 5(e)
- Services performed or billed by schools, halfway houses, group homes or members of their staffs

Note: We cover professional services as described in this section when they are provided and billed by a covered professional provider acting within the scope of their license.

- Psychoanalysis or psychotherapy credited toward earning a degree or furtherance of education or training regardless of diagnosis or symptoms that may be present
- Services performed or billed by residential therapeutic camps (e.g., wilderness camps, Outward Bound, etc.)
- Hippotherapy/equine therapy (exercise on horseback)
- Light boxes

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- Custodial or long term care (see Definitions)
- Costs associated with enabling or maintaining providers' telehealth (telemedicine) technologies, non-interactive telecommunication such as email communications, or asynchronous store-and-forward telehealth services

**Standard Option - You Pay** *All charges* 

**Basic Option - You Pay** *All charges*